Relocation versus stipend or local offer

Compare an out-of-town work-term offer, including any relocation stipend, with a local offer or with staying put. Use figures from the offer letters and your own listings.

NAME

DATE

THE OFFERS

ROLE AND EMPLOYER (OUT OF TOWN)

ROLE AND EMPLOYER (LOCAL, IF ANY)

TERM LENGTH (MONTHS)

RELOCATION STIPEND OR MOVING SUPPORT IN THE OFFER (CAD)

MONEY FOR THE TERM

Item	Out-of-town (CAD)	Local or stay-put (CAD)	Notes (from the offer or listing)
Gross pay for the term			
Co-op fee (if any)			
Rent for the term			
Rent I still pay at home, minus a sublet			
Food, transit and phone for the term			
Travel and moving there and back			
Relocation stipend or support			
Other costs the offer names			
Estimated take-home (from the net-pay calculator)			
What's left after costs			

WHAT ELSE MATTERS BESIDES MONEY (EXPERIENCE, HOUSING, TIMING)

Use gross or take-home consistently on both sides. Taxes and payroll deductions are estimated on the co-op net-pay calculator. Before subletting, read your lease and your province's rules. This sheet does not decide whether to accept an offer.

SOURCES (CHECKED 2026-11-27)

Check current federal security screening, if the job requires it on the official page.
https://www.canada.ca/en/government/publicservice/workforce/staffing/security-screening.html (checked 2026-11-26)