Online dating and romance scam check

Protect your privacy online and spot romance scam warning signs before you share money or personal details.

NAME _____ DATE _____

PRIVACY

- [ ] My profile doesn't show my address, school schedule or workplace
- [ ] I did a reverse image search on their photos
- [ ] We've video-called before meeting
- [ ] I use the app's chat until I trust them

ROMANCE SCAM WARNING SIGNS

- [ ] They declare strong feelings very quickly
- [ ] They always have a reason they can't video-call
- [ ] They ask for money, gift cards or crypto
- [ ] They ask you to move money or receive packages for them
- [ ] They push you to invest
- [ ] Their story keeps changing

Never send money to someone you haven't met in person. If you think you've been scammed, contact your bank and report it.

SOURCES (CHECKED 2026-11-26)

Vancouver Police list online dating safety steps, including meeting in public. https://vpd.ca/crime-prevention-safety/online-dating-safety/ (checked 2026-11-26)
You can report fraud and scams to the Canadian Anti-Fraud Centre. https://antifraudcentre-centreantifraude.ca/report-signalez-eng.htm (checked 2026-11-26)