My immunization record and who asked for proof

Copy each vaccine from the cards, letters or app records you already have, note where the originals are kept, and track which school, placement or residence asked for proof.

NAME

DATE

MY RECORD (COPIED FROM OFFICIAL RECORDS)

Date given	Vaccine (as written on my record)	Dose	Where or by whom	Next date I was given

PROOF REQUESTED

Who asked (program, placement, residence)	What they need	Deadline	Sent on

WHERE MY ORIGINALS ARE

Original record	Where it's kept

This is your own copy, not proof and not a schedule. Copy only what your records show; ask a doctor, nurse, pharmacist or public health office what you need.

SOURCES (CHECKED 2026-11-27)

The Public Health Agency of Canada's immunization guide says written or electronic documentation of immunization is preferred for both children and adults, and providers should try to obtain records from a previous health care provider. https://www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-3-vaccination-specific-populations/page-3-immunizatio (checked 2026-11-27)
Check current immunize.ca's adult immunization record card on the official page. https://immunize.ca/sites/default/files/adult_immrecord_web_e.pdf (checked 2026-11-26)