Canadian units quick card: temperature, distance, weight, cooking

A one-page card for metric life in Canada: weather and oven temperatures, kilometres, kilograms, centimetres, litres and fuel use, with the exact conversion behind each.

NAME _____ DATE _____

WEATHER

Temperature	What it feels like to me
-30 °C = -22 °F	
-20 °C = -4 °F	
-10 °C = 14 °F	
0 °C = 32 °F (water freezes)	
10 °C = 50 °F	
20 °C = 68 °F	
30 °C = 86 °F	

EVERYDAY

Conversion	Where I'll see it
1 km = 0.62 miles	
100 km/h = 62 mph	
1 kg = 2.2 lb	
170 cm = 5 ft 7 in	
1 L = 0.26 US gallons	
8 L/100 km = 29 US mpg	
1 US cup = 237 mL	

KITCHEN

Oven	Recipe says
160 °C = 320 °F	
180 °C = 356 °F	
200 °C = 392 °F	
220 °C = 428 °F	

Exact definitions behind the card: °F = °C × 9/5 + 32; 1 mile = 1.609344 km; 1 lb = 0.45359237 kg; 1 inch = 2.54 cm; 1 US gallon = 3.785411784 L; US mpg = 235.215 ÷ (L/100 km). Values are rounded.